

What's On: Sept - Nov 2023

MONDAY

Healthy Lifestyle - Basketball

10:00am - 11:30am

Email: tiffany@saathihouse.org

TUESDAY

Creative English

9:30am - 11:30am

Email: shamsun@saathihouse.org for more details

WEDNESDAY

Walking & Cycling

9:30am - 11:30am

Email: meena@saathihouse.org to register

THURSDAY

Stay & Play with free breakfast

9:30am - 11:30am

Email: meena@saathihouse.org

FRIDAY

Creative English

9:30am - 11:30am

Email: shamsun@saathihouse.org for more details



OUR PROJECTS ARE SUPPORTED BY



Jewellery Making Course

12:30pm - 2:30pm

Email: tiffany@saathihouse.org

Sewing Course

9:30am - 11:30am

Email: tiffany@saathihouse.org to register

ESOL

9:30am - 11:30am

Email: meena@saathihouse.org to register

Health Champions

9:30am - 11:30am

Email: tiffany@saathihouse.org for details



Monthly meet-up (Leadership course)

Coffee, courses, workshops & more. Meeting last Tuesday of every month.

6:00pm - 8:00pm

Email: meena@saathihouse.org



Saathi Snacks social enterprise

9:30am - 11:30am

Email: fateha@saathihouse.org

Digital Skills & employability workshops

12:30pm - 2:30pm

Email: meena@saathihouse.org

Creative English Beginners Course

12:30pm - 2:30pm

Email: shamsun@saathihouse.org

Reading and Writing Skills

12:30pm - 2:30pm

Email: tiffany@saathihouse.org

SUNDAY

NFL Flag Football

11:00am - 12:00pm

For girls aged between 11-18yrs, £3 per session at PAHS. Email: tiffany@saathihouse.org

'Just Play' Netball

12:00pm - 1:00pm

For women and girls 14+. £3 per session at PAHS. Email: tiffany@saathihouse.org



IMPORTANT DATES:

9-10 September | Mayor's Community Weekend celebration



6 October | Breast Cancer Awareness Workshop | with NHS Trust from 9:30am - 11:30am

3 November - Community Engagement Workshops | 9:30am - 12:30pm

October | Black History Month

5 October | National Poetry Day

14 November | World Diabetes Day



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